

MEDIA RELEASE



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A rising star in Mermaid Beach Surf Life Saving Club – Emma Dick

Mermaid Beach is best known for Hedges Avenue, 'Millionaires Row', but a young woman is starting to put the Gold Coast suburb and her surf life saving club on the sporting map. Emma Dick is a member of the Mermaid Beach Surf Life Saving Club and has added Australian and State surf life saving medals to her already impressive achievements in athletics and hockey. By all accounts Emma is an all round sports star as evidenced by her achievements in 2011 alone:

Surf Life Saving

- 1st U17 Ironwoman at the QLD Surf Lifesaving Titles
- 1st U17 2km Beach Run at the QLD Surf Lifesaving Titles
- 2nd U17 Surf Swim at the QLD Surf Lifesaving Titles
- 1st U17 2km Beach Run at the Australian Surf Lifesaving Titles
- 2nd U17 Ironwoman at the Australian Surf Lifesaving Titles
- 4th U17 Board Race at the Australian Surf Lifesaving Titles

Athletics

- 1st U18 800 metres at the QLD Athletics Championships
- 1st U18 1500 metres at the QLD Athletics Championships
- Represented QLD at the National Athletics Championships March 2011
- 4th U18 800 metres at the Australian Athletics Championships
- 5th U18 1500 metres at the Australian Athletics Championships
- Represented Australia at the Oceania Games June 2011 in Samoa
- 1st Open 800 metre
- 1st Open 1500 metres

Hockey

- Represented the Northern Territory at the Australian U18 Hockey championships.
- Represented South Coast at the QLD School Hockey Championships.
- Represented Gold Coast at the QLD U18 Club Championships
- Represented Gold Coast at the QLD Open Women's Club Championships.
- Represented QLD in the Schoolgirl's team to tour New Zealand in October 2011.
- Represented QLD women's development team to tour China August 2011

Cross Country

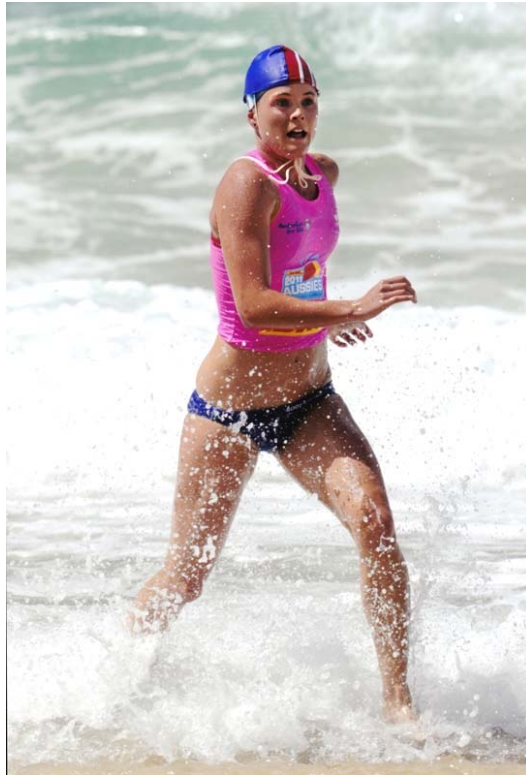
- 2nd QLD all schools cross country titles
- Represented QLD at the National Cross Country Titles August 2011

Emma is also listed in both the 2011 Junior Dolphin Surf Craft team and the 2010/11 SLSQ Cyclones High Performance Squad with brother Sam. Another Mermaid Beach junior, James Lacy, is also listed in the Cyclones squad.

Club President Phil Chipman said:

“Emma is a great ambassador for the levels of achievement we are trying to create at Mermaid Beach Surf Life Saving Club as we move to establishing ourselves a premier surf life saving club. We are proud to have Emma as one of our athletes and congratulate her on the success she has achieved in surf life saving, athletics, hockey and cross country. She is a true champion and a great example to other youth and competitors.

Mermaid Beach recently won the SLSQ Queensland Youth Development Club of the Year and is encouraging its youth to participate in personal development and sporting achievements. Emma is a great example of the success the Club is aiming for. “



Emma Dick at the 2011 Australian Surf Life Saving Championships

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