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PROFICIENCIES

The 2011/2012 Proficiency Test is necessary to:

1. Ensure ongoing competency of lifesaving personnel in their area of training and activities
2. Maintain the standards of knowledge and expertise of lifesaving personnel
3. Satisfy legal and statutory requirements
4. Reinforce and maintain our service and commitment to the community requirements.

PROFICIENCY OBLIGATIONS, RULES AND RESPONSIBILITIES:

1. All active patrol members are required to complete annual proficiency tests in the Bronze Medallion and other relevant awards under the direction of an SLSA Assessor/Facilitator, as outlined by SLSQ.
2. All patrolling members must have completed relevant proficiency test (both theory and practical) during the following proficiency period. (1 July 2011 – 31 December 2011)
3. **Any member who is NOT proficient, or has NOT completed appropriate awards shall NOT be allowed to:**
 - **Perform patrols**
 - **Operate rescue craft or**
 - **Compete in surf life saving competitions.**
4. When a member successfully completes an award prior to the 30th June 2011 they are required to complete a proficiency assessment for that award.
5. When a proficiency check is successfully completed (or a member gains a relevant award after 30 June 2011) the proficiency or qualification is current until 31st December 2012.
6. Although valid until **31 December**, clubs should attempt to have as many members as possible proficient early in the season.
7. Proficiency testing will be conducted as per SLSQ guidelines and individual Branch programs or as requested by clubs by contacting the Branch Director of Lifesaving.
8. Members completing proficiencies in advanced/higher awards are able to utilise relevant sections of the test towards the completion of the Bronze Medallion proficiencies at the same time, providing that appropriately qualified assessors are present during the examination.

9. Under extreme cases, members wishing to be tested after 31 December shall make application through their club to the relevant Branch Director of Lifesaving in writing setting out in detail the circumstances which have prevented members from previous attendance.
10. Individual Branches shall decide whether sufficient justification exists to warrant testing of members after that date.
11. All water safety officers (including water safety used for Junior Activities) are required to be proficient to a minimum Surf Rescue Certificate standard.
12. All competitors competing in any SLSA competitions must hold and be proficient in their relevant awards.
13. Club members wishing to gain proficiencies must do so within their own Branch unless prior arrangements have been **APPROVED** by the relevant Branch Director of Lifesaving.
14. Any member may be requested at any time during the season to complete an additional proficiency check by a Club, Branch or SLSQ and/or SLSQ Lifesaving Services Coordinator / SLSQ Lifesaving Development Officer. This may be under the direction of the State Life Saving Officer or State Education Advisor.
15. The SLSA Water Safety Policy must be adhered to at all times, whilst clubs are conducting proficiencies.
16. All candidates performing water based proficiencies are required to wear a lifesaving cap (in any colour – however must not be a patrol cap) as a safety requirement.
17. All Branches and Clubs must maintain and hold all Proficiency Attendance Records for the current season for a minimum of 18 months from the date of the proficiency assessment or until that season's proficiency date expires.

NOTE: A member who is deemed "Not Yet Competent" at any time during the season is deemed to be non-proficient until such time as another proficiency test is completed successfully. Further, this member cannot attend patrols or compete at carnivals until such test has been completed successfully.

All active lifesavers are required to complete an annual proficiency test to prove competency in the lifesaving award/s they hold and wish to remain current in.

RESOURCES REQUIRED TO COMPLETE PROFICIENCIES

Members will require access to the following resources to be able to complete either the Theory Paper and/or the Practical Assessment Tasks:

1. SLSA 33ed Public Safety and Aquatic Rescue Training Manual (formerly known as the SLSA Training Manual)
2. SLSA First Aid Training Manual (Version 2) OR SLSQ First Aid Training Manual (Version 8)
3. SLSA Powercraft Manual (version 7)
4. SLSQ Patrol Operations Manual (POM) – available on-line at the SLSQ website www.lifesaving.com.au under 'Member's Hub' tab
5. 2011/2012 SLSQ Lifesaver Proficiency Bulletin (SLSQ website)
6. SLSQ Policies (found on SLSQ website)
7. SLSA IRB Awareness PowerPoint
8. SLSQ Anaphylaxis Management PowerPoint
9. SLSQ Asthma Management PowerPoint

2011/2012 Proficiency Theory Paper

Similar to the 2010/2011 season, SLSQ has produced a single proficiency paper based on operational procedures. All members (regardless of what award they hold) are required to complete ALL questions on the theory paper. This exercise is not only used to test the member's level of competency but also used to expand member's knowledge in a variety of areas relating to lifesaving patrol operations.

Since the 2010/2011 season, a number of changes have occurred which requires members for the 2011/2012 to be aware of. The changes include:

1. **NEW Resuscitation Guidelines**
2. **NEW Public Safety Training Package version**
3. **Addition of IRB Awareness in the Bronze Medallion**

For details of the above changes, please refer to the *2011/2012 SLSQ Lifesaver Proficiency Bulletin* found on the SLSQ website www.lifesaving.com.au. The 2011/2012 Proficiency Theory Paper includes a number of questions to test members knowledge of these changes.

The 2011/2012 SLSQ Lifesaving Proficiency Bulletin should be given to all members completing the 2011/2012 Proficiency Theory Paper to assist members in being able to answer the questions and be aware of the changes for the 2011/2012 season.

On-line Proficiency Theory Paper

This year, members are able to complete the Proficiency Theory Paper on-line. Members may complete the proficiency paper in their own time at any computer that has internet access. To access the On-line Proficiency Theory Paper, please refer to the instructions found on the SLSQ website at the following address: www.lifesaving.com.au under the Member Education section – 2011/2012 Proficiency.

The benefit of completing the On-line Proficiency Theory Paper are the following:

1. You can complete the theory paper in your own time
2. It is self marking – the program will mark your answers immediately
3. The course includes slides that include information on the changes mentioned above thereby providing some answers to questions on the above topics.
4. Reduced time at the club to complete the proficiency – as the theory would have been completed prior in your own time.

Members only have to complete either the paper based OR the on-line proficiency theory paper.

Assessor/Facilitator Answer Paper

The answer paper has been produced to assist Assessors and Facilitators in marking the member's theory paper. The answer paper has been provided to all Club CTO's and Branch Education Officer's.

THE ANSWER PAPER IS NOT TO BE DISTRIBUTED TO MEMBERS COMPLETING THE PROFICIENCY

PROFICIENCY FORMS

A series of proficiency forms have been produced to assist clubs with collating proficiency records in an effective and efficient manner. These forms have been produced as a guide only – it is not mandatory that these forms are used. If a club has a better system that has had proven success in their club they are welcome to utilize the system. However, if a club uses their own forms, the club must ensure that the same areas of skill and knowledge are assessed and assessed to the same criteria as listed on the Assessment Cards. This system is particular useful for clubs that have a large number of candidates attend club proficiency days.

SLSQ has produced the following forms:

- Master Attendance Record:
This form has several purposes and is best utilised in conjunction with the practical assessment cards and assessor/facilitator proficiency worksheet. It is suggested that the form is used in the following manner (**NEW METHOD FOR 2011/2012 SEASON**):
 1. Candidates that attend a proficiency day are required to sign on by completing the following fields – **Name, Signature, Date of Birth & Club**.
 - a. The candidate does **NOT** mark the boxes under the award names.
 - b. The Chief Assessor or Chief Training Officer is then responsible for completing the remainder of the Master Attendance Record.
 2. Once the candidate is allocated a number (which appears next to their name of the Master Attendance Record), it is suggested that the Chief Assessor or Chief Training Officer write the number on a visible place of the candidates body (i.e. arm, back, Leg, etc). The member retains that number for the duration of the proficiency
 3. Assessors/Facilitators should then be issued with a Practical Assessment Card for the area/s they will be assessing.

- a. When a member completes the practical assessment task *CORRECTLY* according to the criteria listed on the Practical Assessment Card, the Assessor/Facilitator should place a *TICK* next to the member's number on the bottom of the Assessment Card.
 - b. If a member does **not** complete the practical assessment task according to the criteria listed, the member may have a 2nd attempt.
 - i. If the member does not perform the task according to the criteria on the 2nd attempt, the member must be marked as completing the task NOT SATISFACTORY by placing an X next to the member's number on the Assessment Card.
 - ii. The member may attempt all other practical tasks.
 - iii. Any practical tasks completed NOT SATISFACTORY, the member must return back to their club to participate in additional training and attempt the practical tasks at a different proficiency day.
4. On completion of the proficiency the Chief Assessor / Chief Training Officer must ensure that each member has completed all Practical Assessment Task satisfactory (as recorded on the Practical Assessment Cards)
- a. The Chief Assessor/Chief Training Officer then marks the Master Attendance Record with a C for COMPETENT under the award for which they are deemed proficient.
- Pool Swim Record Form
 - This form can be used by a current SLSA Assessor, Chief Training Officer or delegate appointed by the Chief Training Officer as a way of capturing member's pool swim times.
 - Pool Swim Assessment Test Form
 - This form can be used for members that wish to complete their pool swim assessment outside club regulated sessions. This form can only be completed and signed off by a current SLSA Assessor, Chief Training Officer, Level 1 Swim Coach or delegate appointed by the Chief Training Officer (CTO).
 - NEW - If the CTO appoints a delegate to conduct the pool swim, the CTO must sign the Pool Swim Assessment Test Form as well as the appointed delegate.
 - Practical Assessment Card
 - Each practical task has a corresponding Practical Assessment Card i.e. Resuscitation
 - The Assessor/Facilitator must ensure each member performs the practical task according to the Practical Assessment Task to mark that the member has completed the practical task Satisfactory.
 - If completely Satisfactory - Place a TICK next to the members number on the bottom of the page
 - If completely NOT Satisfactory – place a CROSS next to the members number on the bottom of the page.
 - Refer to each Award for what Practical Assessment Cards need to be completed for that award

COURSE SPECIFIC PROFICIENCY REQUIREMENTS

AQUATIC RESCUE AWARDS

Surf Rescue Certificate Proficiency

Must include the following assessment tasks:

1. Pool Swim
2. Proficiency Theory Paper (paper based OR on-line)
3. Signals
4. Run Swim Run
5. Rescues (BOTH Board and Tube/Double Tube)
6. Resuscitation – DOES NOT INCLUDE:
 - a. oxygen resuscitation equipment
 - b. Defibrillation Awareness

It is strongly recommend that all patrolling members participate in a Patrol Scenario, which promotes the importance of team work and good communication, whilst allowing members to practice and apply their lifesaving knowledge and skills.

Each of the Practical Assessment Tasks above have a corresponding Practical Assessment Card to be used. Please see below in regards to specific instructions for each of the above practical tasks:

1. Pool Swim
 - a. Surf Rescue Certificate holders are to complete a 200m pool swim (in a pool of no less than 25m) in 5 minutes or less.
 - b. Swim fins or swimming aids are NOT permitted under any circumstances
 - c. The 200 swim MUST be completed using a continuous over arm stroke (i.e. freestyle)
 - d. **MEMBERS MUST COMPLETE THE APPROPRIATE POOL SWIM PRIOR TO ATTEMPTING THE SURF COMPONENTS OF THEIR PROFICIENCY**
 - e. Mark successful/unsuccessful completion of Pool Swim on the **SLSQ Pool Swim Recording Sheet**
2. Theory Paper
 - a. As described above in '2011/2012 Proficiency Theory Paper'.
 - b. Mark successful/unsuccessful completion of Theory Paper on the '**Master Attendance Record**'
3. Signals
 - a. Surf Rescue Certificate holders are to demonstrate ALL SLSA signals (as per signal assessment card).
 - b. As a safety measure, it is strongly recommended that the signal component of the proficiency be completed PRIOR to any member entering the surf environment.
 - c. Assessor to COMPLETE **Signal Practical Assessment Card**
4. Run Swim Run
 - a. Run distances and Swim distances for the Surf Rescue Certificate are as follows:
 - i. 100m Run – 100m Swim – 100m Run
 - b. The run swim run must be completed in 5 minutes or less (if surf conditions prove challenging, assessors discretion can be utilised if required).
 - c. The distance for the run swim run must meet the following criteria:

- i. Run is from a flag, around a marker and to waist deep water
 - ii. swim must be taken from waist deep water around 2 swimming buoys and back to waist deep water
 - iii. 2nd Run is from waist deep water, around a marker and back to a flag/designated finish point
 - d. Swim fins or swimming aids are NOT permitted under any circumstances
 - e. Record successful/unsuccessful completion of Run Swim Run on the '**Master Attendance Record**'.
5. **Rescues (BOTH Board and Tube)**
- a. All Surf Rescue Certificate holders must complete at least 1 Tube Rescue AND 1 Board Rescue as a minimum during proficiency.
 - b. The tube rescue may be either (i) single tube rescue OR (ii) double tube rescue)
 - c. Tube rescue and Board rescue are to be assessed as 2 separate rescues on 2 different patients with each rescue requiring the member to proceed out through the break, retrieve patient and return to shore
 - d. It is strongly recommended that assessors deem one of the patient's conscious and the other unconscious to ensure members rescue techniques are being effectively demonstrated
 - e. Rescues to be assessed against the **Tube Rescue/Double Tube Rescue and Board Rescue Practical Assessment Cards**.
6. **Resuscitation - excluding** use of oxygen resuscitation equipment and Defibrillation Awareness
- a. Surf Rescue Certificate holders are to demonstrate a patient assessment on a live patient and demonstration of the lateral position
 - i. CPR on a manikin is to include resuscitation using a mask
 - ii. **NEW** – assessment of this section must be according to the NEW Resuscitation guidelines incorporating the following changes:
 - 1. Inclusion of S (for Send for Help) within the DRSABCD procedure
 - 2. 30 compressions then 2 breaths for a dry patient (2 initial breaths with CPR following still applies for drowning patients)
 - b. This task to be assessed against the **Resuscitation Practical Assessment Card**

Bronze Medallion Proficiency

Must include the following assessment tasks:

1. Pool Swim
2. Proficiency Theory Paper (paper based OR on-line)
3. Signals
4. Run Swim Run
5. Radios
6. Rescues (BOTH Board and Tube/Double Tube)
7. Resuscitation - including use of:
 - a. oxygen resuscitation equipment
 - b. Defibrillation Awareness
8. Carries/Supports (including spinal board carry)
9. IRB Awareness – NEW
10. Administration of Epi-pen and Asthma Puffer – NEW

It is strongly recommend that all patrolling members participate in a Patrol Scenario, which promotes the importance of team work and good communication, whilst allowing members to practice and apply their lifesaving knowledge and skills.

Each of the Practical Assessment Tasks above have a corresponding Practical Assessment Card to be used. Please see below in regards to specific instructions for each of the above practical tasks:

1. Pool Swim
 - a. Bronze Medallion holders are to complete a 400m pool swim (in a pool of no less than 25m) in 9 minutes or less.
 - b. Swim fins or swimming aids are NOT permitted under any circumstances
 - c. The 400 swim MUST be completed using a continuous over arm stroke (i.e. freestyle)
 - d. **MEMBERS MUST COMPLETE THE APPROPRIATE POOL SWIM PRIOR TO ATTEMPTING THE SURF COMPONENTS OF THEIR PROFICIENCY**
 - e. Mark successful/unsuccessful completion of Pool Swim on the **SLSQ Pool Swim Recording Sheet**
2. Theory Paper
 - a. As described above in '2011/2012 Proficiency Theory Paper'.
 - b. Mark successful/unsuccessful completion of Theory Paper on the '**Master Attendance Record**'
3. Signals
 - a. Bronze Medallion holders are to demonstrate ALL SLSA signals (as per signal assessment card).
 - b. As a safety measure, it is strongly recommended that the signal component of the proficiency be completed PRIOR to any member entering the surf environment.
 - c. Assessor to COMPLETE **Signal Practical Assessment Card**
4. Run Swim Run
 - a. Run distances and Swim distances for the Bronze Medallion are as follows:
 - i. 200m Run – 200m Swim – 200m Run
 - b. The run swim run must be completed in 8 minutes or less (if surf conditions prove challenging, assessors discretion can be utilised if required).
 - c. The distance for the run swim run must meet the following criteria:

- i. Run is from a flag, around a marker and to waist deep water
 - ii. swim must be taken from waist deep water around 2 swimming buoys and back to waist deep water
 - iii. 2nd Run is from waist deep water, around a marker and back to a flag/designated finish point
 - d. Swim fins or swimming aids are NOT permitted under any circumstances
 - e. Record successful/unsuccessful completion of Run Swim Run on the '**Master Attendance Record**'.
- 5. **Radios**
 - a. Bronze Medallion holders are to demonstrate ALL SLSQ radio procedures
 - b. Rescues to be assessed against the **Radio Practical Assessment Cards**.
- 6. **Rescues (BOTH Board and Tube)**
 - a. All Bronze Medallion holders must complete at least 1 Tube Rescue AND 1 Board Rescue as a minimum during proficiency.
 - b. The tube rescue may be either (i) single tube rescue OR (ii) double tube rescue)
 - c. Tube rescue and Board rescue are to be assessed as 2 separate rescues on 2 different patients with each rescue requiring the member to proceed out through the break, retrieve patient and return to shore
 - d. It is strongly recommended that assessors deem one of the patient's conscious and the other unconscious to ensure members rescue techniques are being effectively demonstrated
 - e. Rescues to be assessed against the **Tube Rescue/Double Tube Rescue and Board Rescue Practical Assessment Cards**.
- 7. **Resuscitation** - including use of oxygen resuscitation equipment and Defibrillation Awareness
 - a. Bronze Medallion holders are to demonstrate a patient assessment on a live patient and demonstration of the lateral position
 - b. CPR on a manikin is to include resuscitation using a mask and oxygen therapy and defibrillation awareness
 - i. **NEW** – assessment of this section must be according to the NEW Resuscitation guidelines incorporating the following changes:
 - 1. Inclusion of S (for Send for Help) within the DRSABCD procedure
 - 2. 30 compressions then 2 breaths for a dry patient (2 initial breaths with CPR following still applies for drowning patients)
 - c. This task to be assessed against the **Resuscitation Practical Assessment Card**
- 8. **Carries/Supports** (including spinal board carry)
 - a. Bronze Medallion holders (operating as part of a team) are to demonstrate ALL of the following carries and supports:
 - i. 2 person Carry
 - ii. 2 handed seat carry
 - iii. 2 person drag
 - iv. Extended arm rollover including 5 person spinal board carry
 - b. Carries and Support to be assessed against the **Carries and Support Practical Assessment Card**

9. IRB Awareness – NEW

- a. SLSA has conducted a review of IRB operations and has deemed that all Bronze Medallion holders must be familiar with IRB Awareness including training and assessment of the following:
 - i. Lifting and transporting IRB equipment
 - ii. Assisting with launching and beaching an IRB
 - iii. Lifting and carrying a patient from the IRB
 - iv. Care when in the IRB area
- b. This section must be conducted according to the SLSA IRB Awareness PowerPoint presentation.
 - i. This section has been provided to all club CTO's and Branch Education Officer
- c. Once members have completed the awareness section and all tasks listed on the **IRB Awareness Practical Assessment Card**, the trainer should mark that the member has completed this section on the IRB Awareness Practical Assessment Card.
- d. **THIS SECTION MUST BE INSTRUCTED BY A QUALIFIED AND PROFICIENT IRB DRIVER OR IRB TRAINING OFFICER**

10. Administration of Epi-pen and Asthma medication – NEW

- a. As from 2011/2012 season, the Bronze Medallion course will include the training and assessment of the administration of an Epi-pen and Asthma Medication
- b. To ensure all Bronze Medallion holders, new and current, are on an equal level, the 2011/2012 proficiency will include training and assessment of the administration of these 2 medications
- c. This section will require members to participate in a training session **BEFORE** assessment occurs
- d. **This section must be INSTRUCTED by a qualified and proficient First Aid Officer OR First Aid Training Officer OR a Bronze Medallion Training Officer who has participated in a 2011/2012 TAF Proficiency Day**
- e. **This section must be ASSESSED by a qualified First Aid Assessor OR a Bronze Medallion Assessor who has participated in a 2011/2012 TAF Proficiency Day**
- f. This section must be assessed against the **Epi-pen and Asthma Practical Assessment Card**
- g. Support Resources:
 - i. SLSQ highly recommends the use of the following PowerPoints for the instruction of this section:
 1. SLSQ Anaphylaxis Management
 2. SLSQ Asthma Management

Certificate II in Public Safety (Aquatic Rescue) Upgrade

Members who hold the Bronze Medallion but DO NOT hold the Certificate II in Public Safety (Aquatic Rescue) on the SLSQ Database must complete the Certificate II in Public Safety (Aquatic Rescue) Upgrade. *Please contact your club/branch if you need to complete the upgrade.*

This upgrade process should be completed at the same time as the bronze medallion proficiency.

The upgrade process consists of the following:

1. Certificate II Upgrade Theory Paper
2. 3rd Party Report – to be completed by the members Patrol Captain
3. Completion of an Incident Report Log form based on a scenario provided in writing.

Certificate II Upgrade Assessment Portfolio documentation must also be completed and handed in to SLSQ State Centre Education Department for the Certificate II to be issued.

This Upgrade procedure is only available for members during this 2011/2012 proficiency process. If a member does not complete the upgrade process this year, they will be required to be re-assessed on all theory and practical assessment as if completing the Bronze Medallion course again.

Please refer to the Certificate II in Public Safety (Aquatic Rescue) Upgrade Circular for specific details on how to conduct this upgrade process and the exact documentation required to be completed.

Gold Medallion (Advanced Lifesaving) Proficiency

The Gold Medallion is only to be assessed by an assessor appointed on an annual basis by the Branch/State Director of Lifesaving (or equivalent). Assessors who are appointed must be noted in the Branch/State minutes annually.

A member must be proficient in ALL of the following awards:

- Bronze Medallion AND
- Silver Medallion – Basic Beach Management AND
- Operational First Aid OR Apply First Aid AND
- Advanced Resuscitation Certificate

If any of the award proficiencies lapse during the season, even after successful completion of the Gold Medallion, then the member will become non-proficient in the Gold Medallion.

The proficiency test for the Gold Medallion for the 2011/2012 season will be:

1. Pool Swim
 - a. The member must complete an 800 meters in 14 minutes or less in a swimming pool of not less than 25 meters. The pool swim must be completed before any other component of the Gold Medallion proficiency.
 - b. Swim fins or swimming aids are NOT permitted under any circumstances
2. Mission Test
 - a. The distance will be 400m swim, 800m run, 400m board paddle, and 800m run
 - b. The time will be 25 minutes or less

- c. The run distance is to be taken from waist deep water, e.g. the run is from a flag, around a marker and to waist deep water. The aquatic components are from waist deep water around 2 swimming buoys and back to waist deep water
 - d. Aquatic course must be around 2 swimming buoys
3. Rescue
- a. Gold Medallion holder must demonstrate being able to conduct a board **AND** tube rescue according to SLSA operating procedures in the current Public Safety and Aquatic Rescue Training Manual
 - i. Tube Rescue
 - 1. Complete a tube rescue of a patient 100 meters out to sea and return. Member may use flippers during this rescue
 - ii. Board Rescue
 - 1. Complete a board rescue of a patient 200 meters out to sea and return.
4. Complex Rescue Scenario (may be included as part of the rescue section above).
- a. Gold Medallion holder must demonstrate being able to conduct a complex rescue scenario as set by the Assessor according to the SLSA operational procedures in the current Public Safety and Aquatic Rescue Training Manual.
 - b. The rescue must consist of the following events being assessed:
 - i. Negotiating the surf zone
 - ii. Securing the patient
 - iii. Returning to shore without losing the patient
 - iv. Calling for assistance
 - v. Performing emergency care as required by the patient

RADIO AWARDS

Radio Operators Certificate

Radio Operators Certificate holders are to demonstrate all SLSQ Radio Procedures as per the **SLSQ Radio Assessment Card**.

All Radio Operators are required to complete the 2011/2012 Proficiency Paper as described above.

EMERGENCY CARE AWARDS

Resuscitation

Resuscitation award holders must successfully complete a proficiency check and show their competence in resuscitation techniques.

A patient assessment is to be on a live patient and demonstration of the lateral position. CPR on a manikin should include resuscitation using a mask.

A **Live Patient and Resuscitation Assessment card** have been provided.

Resuscitation Proficiencies must include training and assessment of the new Resuscitation Guidelines as outlined in the SLSQ Lifesaving Proficiency Bulletin.

Advanced Resuscitation Certificate

All advanced resuscitation certificate holders must successfully complete the following:

- Practical Proficiency check
- Theory component: All ARC holders are required to complete the 2011/2012 Proficiency Theory Paper as described above.
- Demonstrate competence in resuscitation techniques – according to NEW Resuscitation Guidelines
- Demonstrate competence in Oxygen Resuscitation equipment operation
- Neck brace application (only if have been trained and assessed in applying a cervical collar)
- Insertion of an Oropharyngeal airway
- The following Practical Assessment Cards have been provided to conduct the Advanced Resuscitation Certificate proficiency:
 - Live Patient Assessment
 - CPR Assessment
 - ARC
 - Cervical Collar
 - Oropharyngeal Airway
- This proficiency must be conducted by a qualified and proficient Advanced Resuscitation Certificate Assessor
- In order to renew this award, the pre-requisite of Surf Rescue Certificate OR Bronze Medallion OR Operational First Aid certificate must be current.

Defibrillation

All Defibrillation Certificate holders must successfully complete the following:

- Practical Proficiency Check
- Theory Component: All Defibrillator holders are required to complete the theory paper as described above
- Successfully demonstrate competence in the full operations of the defibrillator
- *Awareness of the use of a Defibrillator on a child aged 1-8 years old - **NEW***
- The following Practical Assessment Card have been provided to conduct the Defibrillation proficiency and must be assessed against the criteria listed on this card:
 - Defibrillation Practical Assessment Card
- This proficiency must be conducted by a qualified and proficient Defibrillation Facilitator
- In order to renew this award, the pre-requisite of Surf Rescue Certificate OR Bronze Medallion OR Operational First Aid certificate must be current.

It is strongly recommended that for those members that hold both an Advanced Resuscitation Award and Defibrillator award that their practical assessment be conducted to incorporate all elements of each award in the 1 assessment scenario.

Operational First Aid / Apply First Aid

The Operational First Aid/Apply First Aid award is valid for 3 years however the resuscitation component must be kept proficient annually for the Operational First Aid/Apply First Aid award to remain proficient.

If the Operational First Aid / Apply First Aid award holder is only maintaining the resuscitation component, then they must complete the resuscitation proficiency as per listed above under resuscitation.

If the Operational First Aid / Apply First Aid award is due for renewal, members must complete a FULL Apply First Aid course again to remain proficient.

NOTE: There is no short course proficiency for an Operational First Aid / Apply First Aid award.

All resuscitation and emergency care treatments are to be performed in line with current Australian Resuscitation Council policy documents.

Spinal Management Award

All Spinal Management holders must have successfully completed the following proficiency checks:

1. Demonstrating placing a patient on a spinal board in a surf environment and on land.
2. Application of cervical collar on a patient – this may occur during the above scenarios clearly identifying how to correctly measure and apply a cervical collar

NOTE: The use of head blocks is no longer part of SLS spinal protocols and should not be tested in proficiency or utilised in operations.

Pain Management Award

The SLSQ Pain Management Award requires a proficiency to be completed **biannually**. Pain Management Award holders are required to complete the following:

- Complete Form and Processes Induction
- Understanding of SLSA and SLSQ Pain Management Policy
- Complete the SLSA Written Paper
- Complete Scenario: inclusive of pre-administration checks, equipment set up, administration and post administration of the pentrox inhaler.

All resuscitation & emergency care treatments are to be performed in line with current Australian Resuscitation Council policy documents.

Proficiencies for the Pain Management Award will be conducted by SLSQ/Branch appointed Facilitators and will not be completed as a part of club proficiency days, without prior approval from the State Lifesaving Committee.

POWERCRAFT AWARDS

IRB Crew & Silver Medallion – IRB Driver

All IRB Driver and Crew proficiencies for the 2011/12 season will be run by SLSQ Regional Trainer and Assessor Coordinators (TACOs). A number of dates will be set throughout the regions for IRB proficiency for club members to attend. Clubs will be required to register with their Branches to attend IRB proficiency. This is to allow for relevant award checks to be conducted. Details for individual Branch requirements will be circulated to clubs in those regions. All IRB Crew and Driver proficiency form 14's will be generated as per the IRB Master Attendance Sheet.

IRB Boat Requirements:

- All IRB boats must have the right crew foot strap removed in all IRB's
- Adjustable IRB driver and crew foot straps must be in place

IRB Propeller Requirements:

- Only a fitted SLSA four (4) blade propeller will be used on all IRB motors

An IRB Crew and Silver Medallion IRB Driver must successfully complete the following:

- The IRB pre-operational proficiency briefing component will include information on IRB investigations, MSQ requirements, PPE worn while operating an IRB, risk assessments professionalism and development of a safe culture.
- Demonstrate all operational skills as per the SLSQ IRB Team Assessment Card.

All clubs members will be required to wear the appropriate PPE while operating the IRB during proficiency. This includes a training cap and hi-visibility rash shirt/jacket.

It is recommended that clubs conduct an in house update for all their IRB driver and crew members during their normal proficiencies to cover club specific operational requirements for their specific IRB's. Topics such as the following could be covered:

- Club specific storage requirements of IRB's, motors and fuel
- Club specific transport requirements of IRB's
- etc

Specialist Power Craft Awards (JRB/ORB/RWC)

Proficiencies for specialist groups shall be determined by the individual group and as approved by the relevant State Advisor and / or Operations Support Services Officer.